

SEPTEMBER 2022

Elementary School (Parkside, Westside, Southside) Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
29	30	31	1 Waffle Day Sausage Links 2 Fruit options Choice of Milk & Juice Condiments	2 Apple Frudel Granola Bar Cottage Cheese & Asst Cereal 2 Fruit options Choice of Milk & Juice Condiments	<p>This menu is subject to change. View a more detailed and always up-to-date menu here:</p> <p>https://family.titank12.com/menu/YFSPG8?lang=English</p> <p>Or scan this code:</p> 
5 Labor Day	6 Pancake on a Stick Nutri-grain Bar 2 Fruit Options Choice of Milk & Juice Condiments	7 Biscuits & Gravy Asst Yogurt 2 Fruit Options Choice of Milk & Juice Condiments	8 Strawberry Cream Cheese Filled Bagel Nutri-grain Bar Hard Boiled Egg 2 Fruit Options Choice of Milk & Juice	9 Asst Cereal Granola Bar Asst Yogurt Cottage Cheese 2 Fruit Options Choice of Milk & Juice	
12 Trix Cereal Bar or Golden Graham Cereal Bar Asst Crackers Asst Yogurt 2 Fruit Options Choice of Milk & Juice	13 Sausage Egg & Cheese Burrito Hashbrown Cottage Cheese 2 Fruit Options Choice of Milk & Juice Condiments	14 Breakfast Pizza Granola Bar Egg Patty 2 Fruit Options Choice of Milk & Juice Condiments	15 Dutch Waffle Sausage Links 2 Fruit Options Choice of Milk & Juice Condiments	16 Asst Muffins Granola Bar Cottage Cheese 2 Fruit Options Choice of Milk & Juice	
19 Asst Cereal Granola Bar Asst Yogurt Cottage Cheese 2 Fruit Options Choice of Milk & Juice	20 Pancake Day Asst Yogurt Bacon 2 Fruit Options Choice of Milk & Juice Condiments	Go Scrambled Eggs with Bacon & Cheese Asst Crackers or Nutri-grain Bar 2 Fruit Options Choice of Milk & Juice Condiments	22 French Toast Sticks Egg Patty 2 Fruit Options Choice of Milk & Juice Condiments	23 Long John Donut Asst Yogurt Asst Cereal Granola 2 Fruit Options Choice of Milk & Juice	
26 Asst Benefit Bars Asst Yogurt 2 Fruit Options Choice of Milk & Juice	27 Sausage Egg & Cheese Burrito Asst Crackers or Nutri-grain Bar Hard Boiled Egg 2 Fruit Options Choice of Milk & Juice Condiments	28 Blueberry Bagel Granola Bar Egg Patty Cottage Cheese 2 Fruit Options Choice of Milk & Juice Condiments	29 Waffle Day Nutri-grain Bar Sausage Links Asst Yogurt 2 Fruit Options Choice of Milk & Juice Condiments	30 Apple Frudel Granola Bar Cottage Cheese 2 Fruit Options Choice of Milk & Juice	

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