

SEPTEMBER 2022

High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Bean and Cheese Burritos Corn 2 Fruit Options and Juice Choice of Milk Condiments Chocolate Brownie Cookie	30 Sweet & Sour Chicken Vegetable Fried Rice Vegetable Egg Roll Carrots 2 Fruit Options and Juice Choice of Milk	31 Macaroni & Cheese Beef Steak Fingers Breadsticks Celery 2 Fruit Options and Juice Choice of Milk and Condiments	1 Chicken Patty Sandwich Baked Beans Side Salad 2 Fruit Options Choice Of Milk Condiments	2 Tomato Soup Cheese Stuffed Breadsticks Side Salad 2 Fruit options and Juice Choice of Milk Condiments
5 Labor Day	6 Choice of (Mac & Cheese or Buffalo Mac & Cheese) Breadsticks Popcorn Chicken Sugar snap Peas 2 Fruit Options and Juice Choice of Milk and Condiments	7 Turkey Bacon ranch Wrap Muffins Spinach Salad Cucumbers 2 Fruit Options and Juice Choice of Milk Condiments	8 Meatball Sub Sandwich Pork & Beans Carrots Cauliflower 2 Fruit Options Choice of Milk Condiments	9 Pepperoni Calzone Breadsticks Tomatoes Side Salad 2 Fruit Options and Juice Choice of Milk and Condiments Chocolate Chip Cookie
12 Enchilada Empanada Black Beans Tomatoes 2 fruit Options Choice of Milk Condiments Chocolate Brownie Cookie	13 Saucy Pasta with Meatballs Garlic Bread Side Salad Peas String Cheese 2 Fruit Options and Juice Choice of Milk and Condiments	14 Tot-chos Breadsticks Gogurt Mixed Bell Peppers 2 Fruit Options and Juice Choice of Milk Condiments	15 Hot Dogs Smile Fries Side Salad 2 Fruit Options Choice of Milk Condiments	16 Bite-Sized Pancakes Omelet Hashbrowns Cucumber 2 Fruit Options and Juice Choice of Milk Condiments
19 Teriyaki Chicken Chow Mein Noodles Potstickers Vegetable Egg Roll Cucumbers 2 Fruit Options Choice of Milk and Condiments	20 Beef Tacos Cheesy Refried Beans Tomatoes 2 Fruit Options Choice of Milk Condiments	21 Chicken Alfredo Side Salad 2 Fruit Options Choice of Milk Condiments Chocolate Brownie Cookie	22 Sloppy Joes Crinkle Fries Potato Salad Carrots 2 Fruit Options Juice Choice of Milk and Condiments	23 Mini Waffles Popcorn Chicken Sugar Snap Peas Side Salad 2 Fruit Options Juice Choice of Milk and Condiments
26 Soft Pretzel Yogurt Carrots Cauliflower 2 Fruit Options Choice of Milk and Condiments	27 Super Nachos Muffin Sweet Corn Black Beans 2 Fruit Options Choice of Milk Condiments	28 Chicken Sandwich (Barbecue or Buffalo) Side Salad Peas 2 Fruit Options and Juice Choice of Milk Condiments	29 Chili Large Cinnamon Roll Corn Chips Gogurt Celery 2 Fruit Options Choice of Milk and Condiments	30 Pepperoni Stuffed Sandwich Cucumbers Side Salad Yogurt 2 Fruit Options and Juice Choice of Milk Condiments

This menu is subject to change. View a more detailed and always up-to-date menu here:

<https://family.titank12.com/menu/YFSPG8?lang=English>

Or scan this code:



Chef Salads and Deli Sandwiches will be served everyday as an alternate option to the main dish

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