

# SEPTEMBER 2022

## Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Waffle Day Sausage Links Asst Yogurt 2 Fruit options Choice of Milk & Juice Condiments	2 Apple Frudel Asst Cereal Hard Boiled Egg Cottage Cheese 2 Fruit Options Choice of Milk & Juice
5 Labor Day	6 Pancake On a Stick Nutri-grain Bar Hard Boiled Egg 2 Fruit Options Choice of Milk & Juice Condiments	7 Biscuits & Gravy Asst Yogurt Granola 2 Fruit Options Choice of Milk & Juice Condiments	8 Strawberry Cream Cheese Filled Bagel Nutri-grain Bar Cottage Cheese 2 Fruit Options Choice of Milk & Juice	9 Trix Cereal Bar or Golden Graham Cereal Bar Asst Yogurt Cottage Cheese Asst Cereal 2 Fruit Options Choice of Milk & Juice
12 Asst Benefit Bars Asst Crackers Asst Yogurt & Granola 2 Fruit Options Choice of Milk & Juice Condiments	13 Sausage Egg & Cheese Burrito Hashbrown Nutri-grain Bar Cottage Cheese 2 Fruit Options Choice of Milk & Juice Condiments	14 Breakfast Pizza Granola Bar Egg Patty 2 Fruit Options Choice of Milk & Juice Condiments	15 Dutch Waffle Sausage Links 2 Fruit Options Choice of Milk & Juice Condiments	16 Asst Muffins Granola Bar Hard Boiled Egg Asst Cereal & Cottage Cheese 2 Fruit Options Choice of Milk & Juice Condiments
19 Trix Cereal Bar or Golden Graham Cereal Bar Asst Yogurt & Granola Cottage Cheese Asst Cereal 2 Fruit Options Choice of Milk & Juice	20 Pancake Day Asst Yogurt Bacon Granola 2 Fruit Options Choice of Milk & Juice Condiments	21 Scrambled Eggs with Bacon & Cheese Asst Crackers Nutri-grain Bar 2 Fruit Options Choice of Milk & Juice	22 Sausage Biscuit Egg Patty Asst Yogurt Granola 2 Fruit Options Choice of Milk & Juice Condiments	23 Long John Donut Asst Yogurt Asst Cereal Granola 2 Fruit Options Choice of Milk & Juice
26 Asst Benefit Bars Hard Boiled Egg Asst Yogurt & Granola Asst Cereal 2 Fruit Options Choice of Milk & Juice Condiments	27 Sausage Egg & Cheese Burrito Asst Crackers Hard Boiled Egg Nutri-grain Bar 2 Fruit Options Choice of Milk & Juice Condiments	28 Breakfast Bagel Egg Patty Granola Bar Cottage Cheese 2 Fruit Options Choice of Milk & Juice Condiments	29 Waffle Day Sausage Links Asst Yogurt 2 Fruit Options Choice of Milk & Juice Condiments	30 Apple Frudel Granola Bar Cottage Cheese Asst Cereal 2 Fruit Options Choice of Milk & Juice Condiments

This menu is subject to change. View a more detailed and always up-to-date menu here:

<https://family.titank12.com/menu/YFSPG8?lang=English>

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